

Karianne Munstedt Introduction

Can be customized

An artist and nurturer, Karianne Munstedt is fiercely motivated by using her talents to make women feel confident, empowered, and whole.

Growing up with an abusive role model left her filled with fear. She countered this by attempting to be perfect, but never took the time to understand who SHE was. She continued down a path of perfection that led her to a marriage, a job, and other endeavors that weren't right for her. In her 30s, Karianne started a spiritual journey to get to know herself, and along the way, she connected back to the thing that brought her joy as a child... photography.

Today, as a portrait photographer for women, Karianne helps show the world who her clients are by capturing them in their best light. And she's more than a photographer. She helps women themselves the way she sees them...in portraits that reveal their true beauty.

Please join me in welcoming Karianne for her talk "From Bully to Bestie: How changing your thoughts changes everything."